

**PITTSBURGH INTERNAL
MEDICINE ASSOCIATES**

NAME: **BOWERS, ROB**

MEDICAL RECORD NO. _____

GREENTREE

DATE: **6/30/06**

S: 33 -year-old white male, new patient. No documented PMH, no medicines, no medical allergies. He smokes 1 ppd. Denies alcohol. Denies illicit drugs. Denies marijuana.

He is here for a first time visit for a disability form to be filled out. We had a discussion. He's not had a PCP or health care for several years. We did discuss why he thinks he needs disability. He reports he simply cannot hold a job down secondary to tremendous depression, anxiety and social anxieties. He's not really had any physical complaints. He's not had any disabling physical injuries. He reports occasional headaches but mainly he is just very depressed, gets anxious in the company of others. Very infrequently leaves his home. He lives with his grandfather. He reports helping him to take care of his grandfather which is becoming more difficult as well. He denies current suicidal ideation but he does report he attempted to commit suicide when he was 17 years old, overdosing on pills. He wasn't sure of the kind of pills with my questioning. Once again, he does deny drug abuse.

O: Temp – 97. BP – 134/90. Weight – 212. He is pleasant. He does appear anxious. He makes relatively good eye contact. HEENT- Unremarkable. Neck – Supple. Heart – RRR. Lungs – Clear. Abdomen – Benign. Extremities – Without edema or clubbing. Skin – Good turgor.

A&P: 1. First time visit for this 33 -year-old white male for disability. I told him I certainly couldn't provide him disability based on one visit. I do think he seems depressed with components of anxiety. I do want to start him on Effexor XR, 37.5 for a week and then up to 75 daily. I do want him to see a psychiatrist for further evaluation. I referred him to Dr. Radfar.

I told him he could call me with questions and he will follow-up in a few weeks.

John Tomaro, D.O./sas/ 7/10/06-rcvd 7/7/06



DEFENDANT'S
EXHIBIT

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